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♥  
*Ashley*

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# LET'S TALK ABOUT SOCIAL SKILLS

## Game Objective:

\*Be the first to get rid of all the cards in your hand. Answer all the discussion questions on your cards.

## Materials:

\*Print card deck either double sided, or laminate them so they are back to back with one side of the card being "Let's Talk about Social Skills" and the other side being a discussion question. I recommend laminating either way so the deck lasts longer.

## Game Instructions:

\*Play this game as you would play UNO, except students must answer the discussion question on their card to play the card.

\*Choose a dealer and shuffle the cards. Deal 7 cards to each player. Place the remaining cards face down in the center of the table. This is the draw pile. Flip over the top card on the draw pile, place it face up to form the discard pile. (If this card is an action card, ignore it and flip over to the next card). The player to the left of the dealer goes first and proceed clockwise.

\*On your turn, you try to get rid of your cards by playing one card onto the discard pile.

***\*If you have a matching card in your hand,*** you may play it on the discard pile. (You can only play a card if it matched at least one attribute of the top card on the discard pile: its color, number, or symbol. If the card you played is an action card, it does something special (see action cards below). You must answer to question on the card that you play.

***\*If you do NOT have a matching card,*** draw one card from the draw pile. (If your new card can be played, then you play it now. You may choose to draw a card instead of playing one, even if you have a playable card in your hand.

\*The moment you have only one card in your hand, you must yell UNO to alert the other players you are about to win. If someone beats you to it and calls UNO before you, then you must draw two cards.

\*When a player plays their final card, they WIN!

\*Action cards:

\*Draw Two card: When played, the next player must draw two cards and lose their turn.

\*Skip card: When played, the next player loses their turn.

\*Reverse card: When played, the direction of play is reversed.

\*Wild card: This card matches anything so you can play it no matter what card is on the discard pile. When you play a Wild card, you also get to choose the color that continues play.

\*Wild Draw Four card: This card matches anything so you can play it no matter what card is on the discard pile. The next player draws four cards and loses their turn. You also get to choose the color that continues play.

## ASCA Standards Alignment:

\*Mindset: Belief in development of whole self, including a healthy balance of mental, social/emotional and physical well-being. (M 1)

\*Behavior: Social Skills: Positive, respectful and supportive relationships with students who are similar to and different from them. (B-SS 2)

## SEL Competencies:

\*Relationship skills: Social engagement, Relationship building.

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**HOW CAN YOU  
START A  
CONVERSATION  
WITH SOMEONE  
NEW?**

... **SOCIAL SKILLS** ...

2



**WHAT SHOULD  
YOU DO IF YOU  
DON'T  
UNDERSTAND  
WHAT SOMEONE IS  
SAYING?**

... **SOCIAL SKILLS** ...

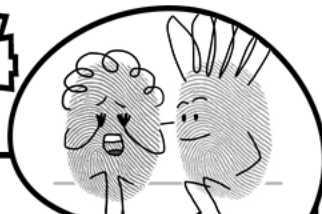
3



**HOW DO YOU  
KNOW WHEN IT'S  
YOUR TURN TO  
TALK IN A  
CONVERSATION?**

... **SOCIAL SKILLS** ...

4



**WHAT DOES IT  
MEAN TO BE A  
GOOD  
LISTENER?**

... **SOCIAL SKILLS** ...

5



**HOW CAN YOU  
SHOW SOMEONE  
YOU'RE PAYING  
ATTENTION WHEN  
THEY'RE TALKING?**

... **SOCIAL SKILLS** ...

6



**WHAT DO YOU  
DO IF SOMEONE  
INTERRUPTS YOU  
WHILE YOU'RE  
TALKING?**

... **SOCIAL SKILLS** ...

7



**HOW CAN  
YOU ASK FOR  
HELP IN A  
POLITE WAY?**

... **SOCIAL SKILLS** ...

8



**WHAT DOES IT  
MEAN TO USE A  
RESPECTFUL  
TONE OF VOICE?**

... **SOCIAL SKILLS** ...



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HOW CAN YOU  
MAKE SURE THAT  
EVERYONE IN YOUR  
GROUP GETS A  
CHANCE TO TALK?

... SOCIAL SKILLS ...

10



WHAT SHOULD  
YOU DO IF YOU  
ACCIDENTALLY SAY  
SOMETHING THAT  
HURTS SOMEONE'S  
FEELINGS?

... SOCIAL SKILLS ...

Draw Two



HOW DO YOU  
INTRODUCE  
YOURSELF TO  
SOMEONE YOU  
DON'T KNOW?

... SOCIAL SKILLS ...

Reverse



WHAT DOES  
IT MEAN TO BE  
A GOOD  
FRIEND?

... SOCIAL SKILLS ...

Skip



HOW CAN YOU  
INCLUDE  
SOMEONE WHO  
SEEMS LEFT OUT?

... SOCIAL SKILLS ...

Skip



WHAT SHOULD  
YOU DO IF A  
FRIEND IS  
UPSET?

... SOCIAL SKILLS ...

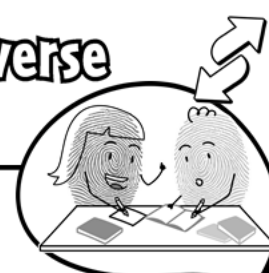
Draw Two



HOW DO YOU  
KNOW IF SOMEONE  
WANTS TO BE  
YOUR FRIEND?

... SOCIAL SKILLS ...

Reverse



WHAT CAN YOU  
DO IF YOU AND A  
FRIEND DISAGREE  
ABOUT  
SOMETHING?

... SOCIAL SKILLS ...



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**HOW CAN YOU  
MAKE NEW  
FRIENDS ON THE  
PLAYGROUND?**

... **SOCIAL SKILLS** ...

2



**WHAT DO YOU  
DO IF YOUR  
FRIEND WANTS TO  
PLAY SOMETHING  
YOU DON'T LIKE?**

... **SOCIAL SKILLS** ...

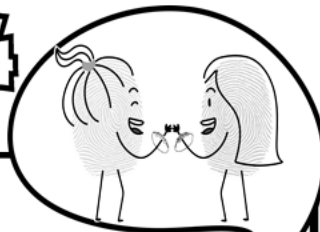
3



**HOW DO YOU  
SHOW A FRIEND  
THAT YOU CARE  
ABOUT THEM?**

... **SOCIAL SKILLS** ...

4



**WHAT SHOULD  
YOU DO IF A  
FRIEND ISN'T  
TREATING YOU  
KINDLY?**

... **SOCIAL SKILLS** ...

5



**HOW CAN YOU  
WORK TOGETHER  
WITH CLASSMATES  
TO COMPLETE A  
PROJECT?**

... **SOCIAL SKILLS** ...

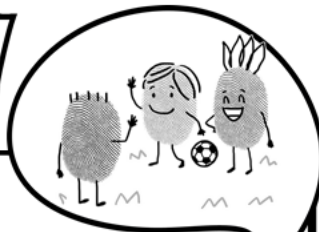
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**WHAT DOES IT  
MEAN TO  
SHARE FAIRLY?**

... **SOCIAL SKILLS** ...

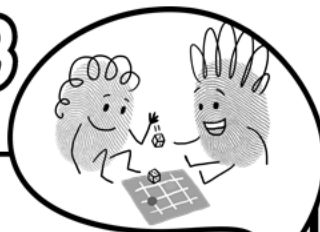
7



**HOW CAN  
YOU HELP YOUR  
TEAM DURING  
GROUP  
ACTIVITIES?**

... **SOCIAL SKILLS** ...

8



**HOW CAN YOU  
MAKE SURE THAT  
EVERYONE FEELS  
INCLUDED DURING  
A GAME?**

... **SOCIAL SKILLS** ...

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**HOW CAN YOU  
COMPROMISE  
WHEN PLAYING A  
GAME WITH  
FRIENDS?**

... **SOCIAL SKILLS** ...

10



**WHAT DOES IT  
MEAN TO BE A  
GOOD  
TEAMMATE?**

... **SOCIAL SKILLS** ...

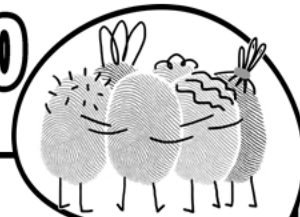
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**HOW DO YOU HELP  
A CLASSMATE WHO  
IS STRUGGLING  
WITH SOMETHING?**

... **SOCIAL SKILLS** ...

10



**HOW CAN YOU  
MAKE GROUP  
WORK FUN AND  
FAIR FOR  
EVERYONE?**

... **SOCIAL SKILLS** ...

9



**HOW CAN  
YOU TELL IF  
SOMEONE IS  
FEELING SAD?**

... **SOCIAL SKILLS** ...

10



**WHAT DOES IT  
MEAN TO PUT  
YOURSELF IN  
SOMEONE ELSE'S  
SHOES?**

... **SOCIAL SKILLS** ...

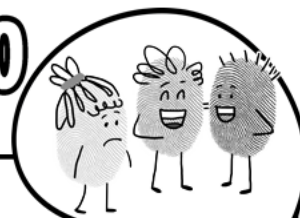
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**HOW CAN YOU  
SHOW KINDNESS  
TO SOMEONE  
WHO IS HAVING A  
BAD DAY?**

... **SOCIAL SKILLS** ...

10



**WHAT SHOULD  
YOU DO IF A  
CLASSMATE IS  
FEELING LEFT  
OUT?**

... **SOCIAL SKILLS** ...



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**HOW DO YOU  
COMFORT  
SOMEONE WHO  
IS UPSET?**

... **SOCIAL SKILLS** ...

2



**WHY IS IT  
IMPORTANT TO  
THINK ABOUT  
HOW OTHERS  
FEEL?**

... **SOCIAL SKILLS** ...

3



**HOW CAN YOU  
SUPPORT A FRIEND  
WHO IS NERVOUS  
ABOUT  
SOMETHING?**

... **SOCIAL SKILLS** ...

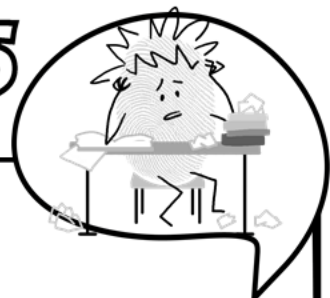
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**WHAT DOES IT  
MEAN TO BE  
KIND, EVEN IF  
YOU'RE HAVING  
A BAD DAY?**

... **SOCIAL SKILLS** ...

5



**HOW DO YOU HELP  
SOMEONE WHO IS  
STRUGGLING WITH  
SCHOOLWORK?**

... **SOCIAL SKILLS** ...

6



**HOW CAN YOU  
SHOW EMPATHY TO  
SOMEONE WHO IS  
GOING THROUGH A  
TOUGH TIME?**

... **SOCIAL SKILLS** ...

7



**WHAT SHOULD  
YOU DO IF YOU  
AND A FRIEND  
HAVE AN  
ARGUMENT?**

... **SOCIAL SKILLS** ...

8



**HOW CAN YOU  
SOLVE A  
DISAGREEMENT  
WITH A CLASSMATE  
IN A POSITIVE WAY?**

... **SOCIAL SKILLS** ...



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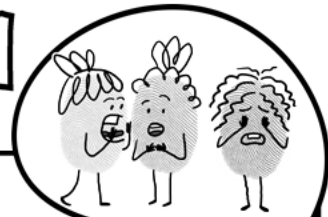
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**WHAT CAN YOU SAY TO A FRIEND WHEN YOU HURT THEIR FEELINGS?**

... **SOCIAL SKILLS** ...

2



**HOW DO YOU APOLOGIZE WHEN YOU'VE MADE A MISTAKE?**

... **SOCIAL SKILLS** ...

3



**WHAT DO YOU DO IF SOMEONE SAYS SOMETHING MEAN TO YOU?**

... **SOCIAL SKILLS** ...

4



**HOW CAN YOU STAY CALM WHEN YOU'RE UPSET WITH SOMEONE?**

... **SOCIAL SKILLS** ...

5



**WHAT DOES IT MEAN TO FORGIVE SOMEONE?**

... **SOCIAL SKILLS** ...

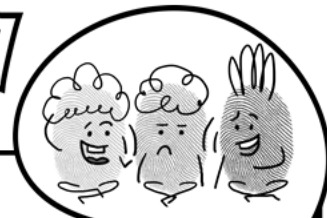
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**HOW CAN YOU TALK TO SOMEONE WHO IS ANGRY WITHOUT MAKING THINGS WORSE?**

... **SOCIAL SKILLS** ...

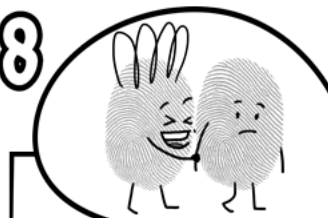
7



**HOW CAN YOU HELP OTHERS SOLVE A CONFLICT WITHOUT TAKING SIDES?**

... **SOCIAL SKILLS** ...

8



**HOW CAN YOU SHOW RESPECT FOR OTHER PEOPLE'S SPACE?**

... **SOCIAL SKILLS** ...

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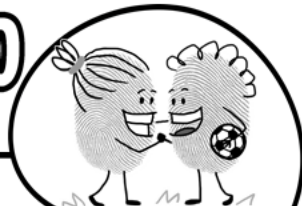
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**HOW DO YOU  
ASK PERMISSION  
BEFORE USING  
SOMEONE'S  
THINGS?**

... **SOCIAL SKILLS** ...

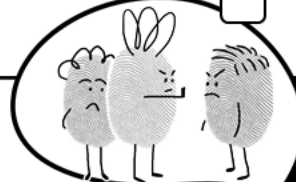
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**HOW CAN YOU  
RESPECT  
SOMEONE'S  
FEELINGS, EVEN IF  
YOU DON'T AGREE  
WITH THEM?**

... **SOCIAL SKILLS** ...

**Draw Two**



**WHAT SHOULD  
YOU DO IF  
SOMEONE DOESN'T  
WANT TO PLAY  
WITH YOU?**

... **SOCIAL SKILLS** ...

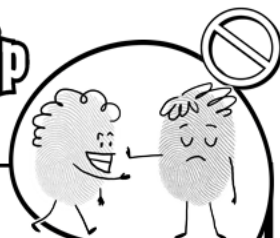
**Reverse**



**HOW DO YOU  
KNOW WHEN  
SOMEONE NEEDS  
SOME SPACE OR  
TIME ALONE?**

... **SOCIAL SKILLS** ...

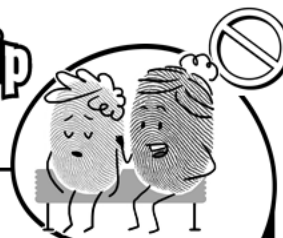
**Skip**



**WHAT SHOULD  
YOU DO IF SOMEONE  
ASKS YOU TO STOP  
DOING SOMETHING  
THAT BOTHERS  
THEM?**

... **SOCIAL SKILLS** ...

**Skip**



**HOW CAN YOU  
SET BOUNDARIES  
WHEN YOU DON'T  
WANT TO SHARE  
SOMETHING  
PERSONAL?**

... **SOCIAL SKILLS** ...

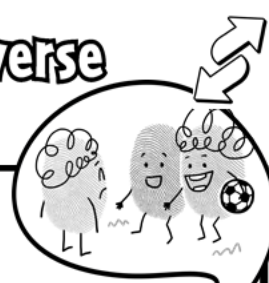
**Draw Two**



**WHAT DOES IT  
MEAN TO RESPECT  
OTHER PEOPLE'S  
BELONGINGS?**

... **SOCIAL SKILLS** ...

**Reverse**



**WHAT DO YOU  
DO IF YOU'RE  
FEELING LEFT OUT  
IN A GROUP?**

... **SOCIAL SKILLS** ...



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**HOW CAN YOU  
TELL IF SOMEONE  
IS FEELING SHY  
OR NERVOUS?**

... **SOCIAL SKILLS** ...

2



**HOW DO YOU  
SHOW YOUR  
FEELINGS  
WITHOUT  
HURTING OTHERS?**

... **SOCIAL SKILLS** ...

3



**HOW CAN YOU  
HELP A FRIEND  
WHO IS FEELING  
FRUSTRATED?**

... **SOCIAL SKILLS** ...

4



**WHAT SHOULD  
YOU DO IF YOU'RE  
FEELING NERVOUS  
BEFORE SPEAKING  
IN FRONT OF THE  
CLASS?**

... **SOCIAL SKILLS** ...

5



**HOW DO YOU  
HANDLE  
DISAGREEMENTS WITH  
FRIENDS WITHOUT  
DAMAGING THE  
RELATIONSHIP?**

... **SOCIAL SKILLS** ...

6



**HOW DO YOU  
SAY SORRY IF  
YOU HURT A  
FRIEND'S  
FEELINGS?**

... **SOCIAL SKILLS** ...

7



**HOW CAN  
YOU TELL WHEN  
YOU'RE  
STARTING TO  
FEEL UPSET?**

... **SOCIAL SKILLS** ...

8



**HOW DO YOU  
MAKE NEW  
FRIENDS AT  
SCHOOL OR THE  
PLAYGROUND?**

... **SOCIAL SKILLS** ...



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**WHAT SHOULD YOU DO IF YOU DON'T KNOW HOW TO SOLVE A PROBLEM WITH A FRIEND?**

... **SOCIAL SKILLS** ...

2



**WHY IS IT IMPORTANT TO FORGIVE YOUR FRIENDS?**

... **SOCIAL SKILLS** ...

3



**WHAT DOES IT MEAN TO SOLVE A PROBLEM FAIRLY?**

... **SOCIAL SKILLS** ...

4



**WHAT SHOULD YOU DO IF SOMEONE BLAMES YOU FOR SOMETHING YOU DIDN'T DO?**

... **SOCIAL SKILLS** ...

5



**HOW DO YOU CONTROL YOURSELF WHEN YOU'RE REALLY EXCITED?**

... **SOCIAL SKILLS** ...

6



**WHAT CAN YOU DO IF SOMEONE MAKES YOU MAD, BUT YOU DON'T WANT TO ARGUE?**

... **SOCIAL SKILLS** ...

7



**HOW CAN YOU STOP YOURSELF FROM INTERRUPTING OTHERS WHEN THEY'RE TALKING?**

... **SOCIAL SKILLS** ...

8



**WHAT CAN YOU DO IF YOU FEEL LIKE LAUGHING AT A SERIOUS MOMENT?**

... **SOCIAL SKILLS** ...

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HOW DO YOU  
STAY CALM WHEN  
SOMETHING  
DOESN'T GO YOUR  
WAY?

... SOCIAL SKILLS ...

10



HOW DO YOU  
CONTROL  
YOURSELF  
DURING QUIET  
WORK TIME?

... SOCIAL SKILLS ...

Draw Two



HOW CAN  
YOU BUILD  
TRUST WITH  
YOUR FRIENDS?

... SOCIAL SKILLS ...

Reverse



HOW CAN YOU  
SUPPORT YOUR  
FRIENDS WHEN  
THEY NEED HELP?

... SOCIAL SKILLS ...

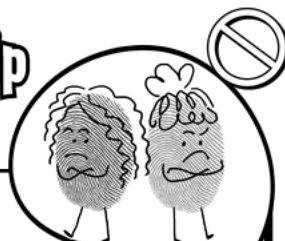
Skip



HOW CAN YOU  
MAKE SURE YOUR  
FRIENDS FEEL  
APPRECIATED?

... SOCIAL SKILLS ...

Skip



WHAT SHOULD  
YOU DO IF YOU  
FEEL LIKE A FRIEND  
ISN'T BEING FAIR  
TO YOU?

... SOCIAL SKILLS ...

Draw Two



HOW CAN YOU  
MAKE YOUR FRIEND  
FEEL BETTER IF THEY  
ARE NERVOUS ABOUT  
SOMETHING?

... SOCIAL SKILLS ...

Reverse



HOW CAN YOU  
BE A GOOD FRIEND  
EVEN WHEN  
YOU'RE UPSET?

... SOCIAL SKILLS ...



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ABOUT  
SOCIAL  
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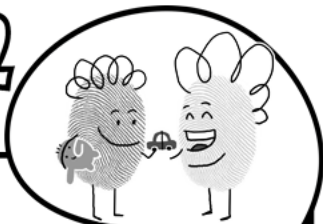
1



**HOW DO YOU  
SHOW YOUR  
FRIENDS THAT YOU  
VALUE YOUR  
FRIENDSHIP?**

... **SOCIAL SKILLS** ...

2



**HOW DO YOU  
SHARE TOYS OR  
GAMES WITH A  
FRIEND?**

... **SOCIAL SKILLS** ...

3



**HOW DO YOU  
FEEL WHEN A  
FRIEND SHARES  
WITH YOU?**

... **SOCIAL SKILLS** ...

4



**WHAT DO YOU  
USUALLY DO WHEN  
YOU AND A FRIEND  
DISAGREE ABOUT  
SOMETHING?**

... **SOCIAL SKILLS** ...

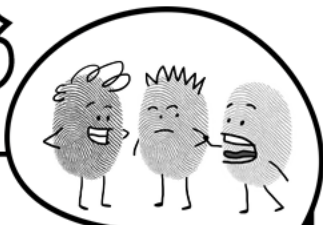
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**HOW DO YOU  
ASK SOMEONE  
TO BE YOUR  
FRIEND?**

... **SOCIAL SKILLS** ...

6



**WHAT DO YOU DO IF  
YOUR FRIEND SAYS  
SOMETHING THAT  
HURTS YOUR  
FEELINGS?**

... **SOCIAL SKILLS** ...

7



**HOW CAN YOU  
HELP A FRIEND  
WHEN THEY  
NEED IT?**

... **SOCIAL SKILLS** ...

8



**HOW DO YOU  
SHOW A FRIEND  
THAT YOU CARE  
ABOUT THEM?**

... **SOCIAL SKILLS** ...



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1



**HOW DOES IT  
FEEL WHEN  
SOMEONE  
INTERRUPTS  
YOU?**

... **SOCIAL SKILLS** ...

2



**WHAT VOICE  
VOLUME SHOULD  
YOU USE IN THE  
CLASSROOM?**

... **SOCIAL SKILLS** ...

3



**WHAT VOICE  
VOLUME  
SHOULD YOU  
USE IN A MOVIE  
THEATER?**

... **SOCIAL SKILLS** ...

4



**WHAT CAN YOU  
DO IF YOUR  
FRIEND IS UPSET  
WITH YOU?**

... **SOCIAL SKILLS** ...

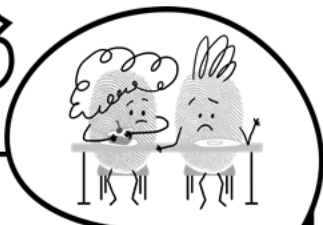
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**WHAT VOICE  
VOLUME CAN YOU  
USE OUTSIDE ON  
THE  
PLAYGROUND?**

... **SOCIAL SKILLS** ...

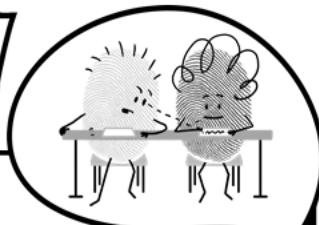
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**WHAT CAN YOU  
DO IF A FRIEND  
NEEDS SOMETHING  
THAT YOU HAVE?**

... **SOCIAL SKILLS** ...

7



**WHAT COULD YOU  
DO IF YOUR FRIEND  
ASKS TO CHEAT  
OFF YOUR PAPER?**

... **SOCIAL SKILLS** ...

8



**WHY IS IT  
IMPORTANT TO  
LISTEN TO YOUR  
FRIENDS?**

... **SOCIAL SKILLS** ...

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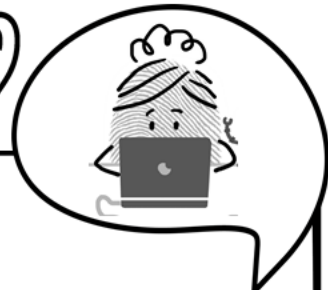
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9



WHAT DOES IT MEAN  
TO BE RESPECTFUL  
WHEN SENDING A  
MESSAGE OR  
COMMENT ONLINE?

... SOCIAL SKILLS ...

10



WHAT SHOULD  
YOU DO IF SOMEONE  
SENDS YOU A MEAN  
OR HURTFUL MESSAGE  
ONLINE?

... SOCIAL SKILLS ...

Draw Two



HOW CAN YOU  
TELL IF SOMEONE IS  
JOKING OR BEING  
SERIOUS IN AN  
ONLINE CHAT?

... SOCIAL SKILLS ...

Reverse



HOW CAN YOU  
MAKE SURE THAT  
YOUR COMMENTS  
OR MESSAGES  
ONLINE ARE KIND?

... SOCIAL SKILLS ...

Skip



WHAT ARE SOME  
WAYS TO BE A GOOD  
LISTENER DURING A  
VIDEO CHAT WITH  
FRIENDS?

... SOCIAL SKILLS ...

Skip



HOW CAN YOU  
SHOW KINDNESS  
TO YOUR ONLINE  
FRIENDS?

... SOCIAL SKILLS ...

Draw Two



WHAT SHOULD  
YOU DO IF YOU  
HAVE A  
DISAGREEMENT WITH  
AN FRIEND ONLINE?

... SOCIAL SKILLS ...

Reverse



WHAT SHOULD  
YOU DO IF AN  
ONLINE FRIEND IS  
UPSET OR FEELING  
LEFT OUT?

... SOCIAL SKILLS ...



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**Wild**



**HOW CAN YOU  
BUILD POSITIVE  
RELATIONSHIPS  
WITH YOUR  
CLASSMATES?**

... **SOCIAL SKILLS** ...

**Wild**



**WHAT CAN YOU  
DO IF A FRIEND IS  
PRESSURING YOU  
TO DO SOMETHING  
YOU DON'T WANT  
TO DO?**

... **SOCIAL SKILLS** ...

**Draw Four**



**DESCRIBE  
FOUR TRAITS YOU  
DO NOT WANT IN  
A FRIEND.**

... **SOCIAL SKILLS** ...

**Draw Four**



**WHAT ARE  
FOUR WAYS TO  
SHOW SOMEONE  
YOU ARE  
LISTENING?**

... **SOCIAL SKILLS** ...

**Wild**



**WHAT'S THE  
MOST IMPORTANT  
THING ABOUT  
BEING A FRIEND?**

... **SOCIAL SKILLS** ...

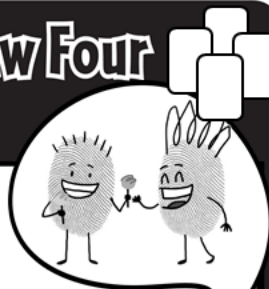
**Wild**



**HOW CAN  
YOU BE A  
BETTER FRIEND  
TO OTHERS?**

... **SOCIAL SKILLS** ...

**Draw Four**



**DESCRIBE  
FOUR TRAITS  
YOU WANT IN  
A FRIEND.**

... **SOCIAL SKILLS** ...

**Draw Four**



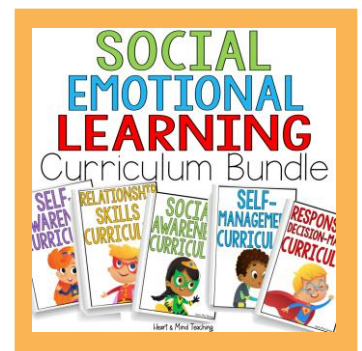
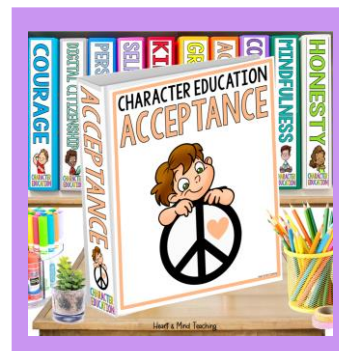
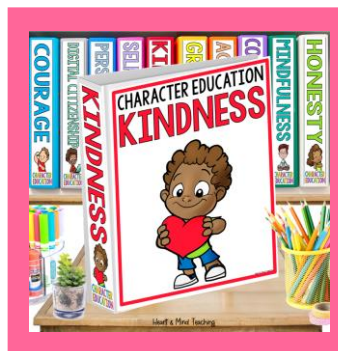
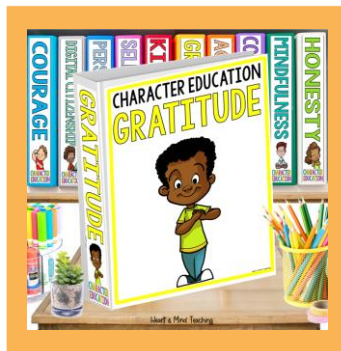
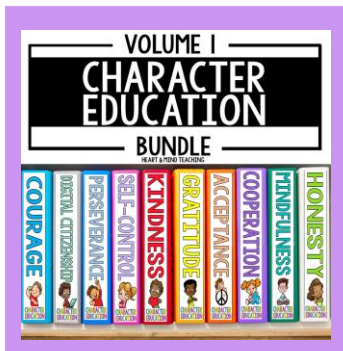
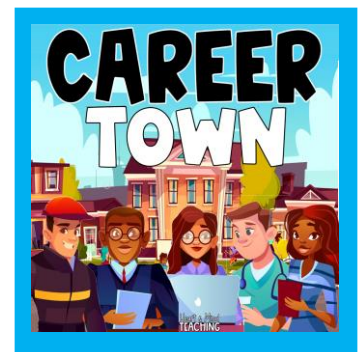
**WHAT ARE FOUR  
WAYS TO RESOLVE  
CONFLICTS  
PEACEFULLY?**

... **SOCIAL SKILLS** ...



# CHECK THESE OUT

CLICK ON THE PICTURES TO GET A CLOSER LOOK.

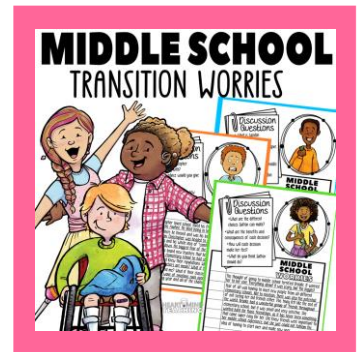


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# THANK YOU

FOR SUPPORTING MY LITTLE SHOP.

Hi there! I'm Ashley- a School Counselor, curriculum developer, blogger, and mama to two young boys. I have a passion for creating fun and engaging resources for Counseling and Social Emotional Learning.

HEART+MIND  
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Ashley

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